



*You don't have to figure it out alone.*

## Behavior Specialists & Clinician Support Group

A monthly gathering, exclusively for Synergy Pass holders.

Behavioral support and clinical work is some of the hardest, most isolating work there is. The cases that keep you up at night, the situations with no clean answer, the weight of being the person everyone else turns to. This group is a space to set that down for a while.

Once a month, behavioral specialists and clinicians come together for honest, judgment-free conversation with peers who get it and experts who have been there. Bring the hard cases, the questions, and whatever you are carrying that day.

This is not training. It is support: a place to think out loud, get grounded, and remember you are part of something bigger than your caseload.

### WHAT TO EXPECT

- **Connect and build community** with peers who understand the work
- **Talk through challenges** by share ideas, questions, and practical approaches
- **Get grounded support** from leaders in trauma-informed, person-centered support
- **Gain fresh perspectives** from guest clinicians and speakers when helpful

### WHEN WE MEET

Third Thursday of every month from 12:00–1:00PM EST.  
First session: Thursday, July 16.

### CALL TO ACTION

Exclusively for Synergy Pass holders.

Join us:

[www.nextgensynergyhub.com/  
support-group-registration](http://www.nextgensynergyhub.com/support-group-registration)



### MEET YOUR FACILITATORS

#### Karyn Harvey, Ph.D.

Dr. Harvey has spent more than 35 years helping the field rethink how we support people with IDD, moving from managing behavior to understanding the person.

A clinician, author of three books, and national trainer across the U.S. and Canada, her work has been recognized by NADD, START, and AAIDD. She knows the hard cases because she's lived them alongside you.



#### Cindy Lindgren, M.S.

With 30 years of experience supporting people with IDD and co-occurring mental health, Cindy has built behavioral health programs, mentored multidisciplinary teams, and provided direct clinical care across community settings. She specializes in the part that's hardest to teach: helping teams translate what they know into support that holds up in real, everyday practice.



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